

January

# Family Informer

January 2010

Published by ACS Family Advocacy Program Fort Monroe

## Life's Little Instruction for the New Year

Have you ever heard someone say something to make you really think about what they just said? One time or another we all have had someone give us some sort of instruction to life and we now live by it. Here are a few of the "little life's instructions" that might make you think twice before you do something or even help you in your life's journey.

- \* When you want to know about war, put down the book and talk to a Soldier.
- \* If a kid tells you he is going to throw up, believe it.
- \* Marry the right person. It's life's only shortcut to happiness.
- \* Being financially secure is nothing more than spending less than you make.
- \* Friends might not always be friends. That's why you don't tell them everything.
- \* Remember and revere the hard times, for they will become the stories you most like to tell.
- \* Resist making big decisions late at night or after a hectic day.
- \* Remember the birthday of anyone who's helped you move.
- \* Be the first to greet new neighbors. Take them something delicious.
- \* When someone boasts of his honesty, keep your hand on your wallet, your eye on your wife, and your mule in the barn.
- \* Honor family traditions.
- \* Leave a deserving server a ten-dollar tip. Hand it to her personally.
- \* Avoid any couple that argues and disagrees with each other in public.
- \* Don't disappoint your talents.
- \* Watch your language. It's the first clue to the world whether you're a gentleman or a jerk.
- \* Words are sometimes inadequate. The deepest sentiments are expressed with the eyes.
- \* The person talking the loudest is usually unsure of what he's saying.
- \* When you're a guest in someone's home, don't contradict or correct your host.
- \* When renting a car for a couple of days, choose a model and make you've admired but never driven.
- \* Walk down the street where your grandparents grew up.
- \* Revenge is never a good investment.



## Playgroups and Classes

### Playgroup

every Monday 0930-1030  
Community Activity Center CAC  
1<sup>st</sup> Monday of every month  
meet at the CAC indoor pool  
1000-1100

### Boots N Booties

Wednesday 27<sup>th</sup>, 0900-1500  
Designed for new and expectant parents.  
Planning for your baby.  
Soldier & Family Support Center  
96 Stilwell Rd. Bldg 206

### Army Family Action Plan

3 day conference  
20<sup>th</sup>, 21<sup>st</sup>, and 22<sup>nd</sup>  
Program that helps identify issues  
that recognize community & Army-wide  
strengths & weakness as well as recommended  
issue resolutions. Call 788-3878 to volunteer.